

Academic Calendar CTLR Health & Wellness Presence SFS

There is no singular college experience. While some things such as taking classes are a given, the rest of college is by and large what you make of it. In this weekly newsletter, I will share ways to hone your strengths and take advantage of some of the things Middlebury offers that are designed to help you succeed, grow and realize your goals. Read on to see this week's tip for thriving at Middlebury!



Jennifer Guinn Sellers, Ph.D. Dean of the First Year Experience

Getting the Classes You Want

I sometimes hear frustrations voiced by students that they aren't able to get into the classes they need for their major. The funny thing is, this is by design. The liberal arts push people to consider things from multiple disciplines, perspectives, and viewpoints. Seeking out opportunities to learn more about the unfamiliar, or in other words being curious, is a core facet of Wisdom and Knowledge. Not only will a broad understanding of *knowing how we know* help you do better in your intended area of study, it will also help you learn how to have critical conversations and become an engaged citizen of the world. Feeling curious? Here is one perspective about the value of the liberal arts.



Resources

If you are still unsure about how a class in an unfamiliar subject has any relevance to your education, set up a meeting with your First Year Seminar Professor. They may be able to share insight about really important connections that you haven't considered. And if the hesitation is coming from feeling uneasy about the material, be sure to attend your professor's office hours any time you have a question. Finally, know that you can always make an appointment with a tutor in the Center for Teaching, Learning, and Research for extra help when you need it.



Important Dates

- 2/15-24 Setting Up for Success Workshops.
- 2/21 Student Involvement Fair in Wilson Hall (McCullough)
- 2/24 Last Day to Drop a Course Online
- 2/24-4/17 Students May Drop a Course with Permission



Jennifer Guinn Sellers, Ph.D. Contact me.

Dean of the First Year Experience Allen Hall 153 Stewart Hall 214

FYDean@middlebury.edu
Self-schedule an appointment here!

802-443-3330